



**6th Annual**  
**BEAT THE HEAT**

**3 VS 3 SKILLS CAMP**

**WHEN:** August 18 - 22, 2025

**WHERE:** Allard Arena ( 80 Allard Ave. Wpg, MB R3K 0K6 )

**WHO: Group 1** – (2015,2016) – 18 skaters and 2 goalies

**Group 2** – (2013,2014) – 18 skaters and 2 goalies

**Group 3** – (2011,2012) – 18 skaters and 2 goalies

**SCHEDULE:**

**Group 1** – (2015,2016)

9am – 10am

**Group 2** – (2013,2014)

10:15am – 11:15am

**Group 3** – (2011,2012)

12:45pm – 1:45pm

**WHAT:**

Each ice time will consist of 20-30 mins of drills and skills. These will be mostly individual skills – skating, passing, shooting, read and react, etc. The last 30-40 mins will be a full ice 3 vs 3 scrimmage. The scrimmage will be monitored by instructor. Equal playing time will be given. There will be no coaches on the bench as the idea is to let the players come up with their own ideas and solutions to the game.

**WHY:**

This is a chance for those that have been off skates for a while to get back on the ice and feel the puck. The skills portion of the ice time will be dedicated to this. The idea of the 3 vs 3 portion is to build off the winter season and at the same time allow more puck touches with the

3 vs 3 concept. With less players on the ice, there will be more opportunity for each player to make plays and feel the puck in game situations. There will be some direction given during the games but only limited as the idea is to let the players play in a non stress environment. We want them to have fun out there.

**TEAMS for 3 vs 3**

Each team will have a maximum of 9 skaters and 1 goalie, maximum. Each ice session will have 2 teams participating. The teams will be made by Ryan. The teams will be made as even as possible to allow for good competition. Depending on how the games are going there may be some adjustments to even the games out. The idea again is to have fun and this is done by having a good atmosphere and fair games.

**REGISTRATION:**

Registration will be on a first come first serve basis. There are will 18 spots open for each group. There are 2 goalie spots open for each group.

**COST: Early Bird Special - \$175 before June 1/25**

**- \$195 after June 1/25**

*Payment can be cash at the first skate or an e transfer. If e transfer please contact Ryan for email address and security question/answer.*

If interested please contact Ryan Smith at [ryan73smith@outlook.com](mailto:ryan73smith@outlook.com) or call/text 509-270-5551.

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