

# <u>5th Annual</u> <u>POSITION SPECIFIC CAMPS</u>

# DEVELOPING DMAN CAMP & FORWARD FOCUSSED CAMP

WHEN: August 19-23, 2024

WHERE: Allard Arena (80 Allard Ave. Wpg, MB R3K 0K6)

**WHO:** Developing Dman – Male and Female – **Age Group** (08,09,10) Forward Focussed – Male and Female – **Age Group** (08,09,10)

Smaller groups – limit to 12 skaters per group.

SCHEDULE: MONDAY – FRIDAY

**DMEN** 7pm – 8pm

## **FORWARDS**

8:15pm - 9:15pm

#### WHAT:

Each ice time will consist of 1 hour of drills and skills specific to position. These will be mostly individual skills with some team concepts.

<u>Dmen</u>, we will work on backward skating, pivoting, fast feet, body position, good first pass, escape moves, angling, defending the rush, defending the front of the net, shooting, holding the line, plus many more defenceman detailed skills.

<u>Forwards</u>, we will work on speed through Neutral zone, board work/rims, passing and receiving, deflections, body position, puck protection, shooting, 2 vs 1s, zone entries, routes on backcheck, plus many more forward related drills.

#### WHY:

This is an opportunity to get the more reps, more touches, and work on your chosen position. With time tight in practice sessions players don't always get to work on the small things for their craft. This will give them the chance to improve on some of those and learn a few new skills as well. With the small numbers, the instructors can take the time to work with each player and make sure they understand the concepts. These drills and skills can make the difference in your game.

GOALIES are needed, there will be plenty of shots in each session. Please contact Ryan if interested.

## Registration:

Registration will be on a first come first serve basis. There are will 12 spots open for each group.

COST: Early Bird Special - \$235 before June 1/24 \$265 after June 1/24

Payment can be cash at the first skate or an e transfer. If e transfer please contact Ryan for email address and security question/answer.

If interested please contact Ryan Smith at <a href="mailto:rsmith@spokanechiefs.com">rsmith@spokanechiefs.com</a> or call/text 509-270-5551

Thank you,
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