



4th Annual SMITTY'S SKILLS CAMP

When: August 28 – September 1, 2023

Where: Allard Arena (80 Allard Ave. Wpg, MB R3K 0K6)

Who: ***AGE GROUPS BASED ON 2023-24 HOCKEY SEASON***

U9 - 2015,2016

U11 - 2013-2014

U13 - 2011-2012

U15 - 2009-2010

Note: Depending on registration, there may be multiple groups at certain age levels.

Schedule: Monday to Friday – Aug 28 – Sept 1

U9 (2015,2016) – 8:30am – 9:30am – on ice, 9:45am -10:45am off ice

U11 (2013,2014)– 8:30am – 9:30am – off ice, 9:45am – 10:45am on ice

Goalie Clinic – 11am – 12pm on ice

U13 (2011,2012) – 12:15pm – 1:15pm – on ice, 1:30pm – 2:30pm off ice

U15 (2009,2010) – 12:15pm – 1:15pm – off ice, 1:30pm – 2:30pm on ice

What: The camp will be 5 days long, with 1 hour on ice and 1 hour off ice training each day for each group. Note: Initiation program(U7) will be 1 hr on ice/day only.

These sessions will allow for individual work to be done to improve skills and work on your own game without taking away from your team. Below are some of the areas that we concentrate on. These are areas that I really emphasize at my level, and I believe have huge

impact on individual player development. I will work on these as well a number of others throughout the camp

Skating - edge work, stride, balance, acceleration

Passing-keeping puck flat, passing and receiving at full speed, forehand and backhand

Shooting- in stride, full speed, catch release

(With the puck) Puck protection- body position, cut backs, when to expose the puck

(Without the puck) Angling- stick on puck, in tight, in open space, take aways

(FWDS) Handling pucks around boards- body position, stick position, making a play

(D Men) Going back for pucks- using the net, making a play

For the goalies, I will organize a goalie instructor for 3-4 of the sessions to be out to help.

Why: This camp will give players that haven't had a chance to get on the ice this spring and summer to get back into the swing of things. It will also allow kids that have had some skates over the off season to improve on skills as they prepare for their winter season. The objective is to be safe and have fun while learning and working on skills.

Registration: Please contact Ryan Smith directly via email at rsmith@spokanechiefs.com or via phone call or text at 509-270-5551. **Please register your player for the age level they will be playing in 2023/24. Registration will be on a first come first serve basis.** There are will 24 spots open for each group.

Cost: Early Bird Special – Register prior to June 15/23 - \$295

After June 15/23 - \$325

Payment can be cash at the first skate or an e transfer. If e transfer please contact Ryan for email address and security question and answer.

Thank you,

Ryan Smith

Head Coach

Spokane Chiefs – WHL

rsmith@spokanechiefs.com

cell – 509-270-5551



