



3rd Annual SMITTY'S SKILLS CAMP

When: August 29 – September 2, 2022

Where: Allard Arena (80 Allard Ave. Wpg, MB R3K 0K6)

Who: Initiation(U7), Novice(U9), Atom(U11), Peewee(U13), Bantam(U15) Note: Depending on registration, there may be multiple groups at certain age levels.

Schedule: Monday to Friday – Aug 29 – Sept 2
AGE GROUPS BASED ON 2022-23 HOCKEY SEASON

Novice -U9 – 8:30am – 9:30am – on ice, 9:45am -10:45am off ice

Atom – U11– 8:30am – 9:30am – off ice, 9:45am – 10:45am on ice

Initiation -U7 – 11am – 12pm on ice
Goalie Clinic – 11am – 12pm on ice

Peewee – U13 – 12:15pm – 1:15pm – on ice, 1:30pm – 2:30pm off ice

Bantam – U15 – 12:15pm – 1:15pm – off ice, 1:30pm – 2:30pm on ice

What: The camp will be 5 days long, with 1 hour on ice and 1 hour off ice training each day for each group. Note: Initiation program(U7) will be 1 hr on ice/day only.

These sessions will allow for individual work to be done to improve skills and work on your own game without taking away from your team. Below are some of the areas that we concentrate on. These are areas that I really emphasize at my level, and I believe have huge impact on individual player development. I will work on these as well a number of others throughout the camp

Skating - edge work, stride, balance, acceleration

Passing-keeping puck flat, passing and receiving at full speed, forehand and backhand
Shooting- in stride, full speed, catch release
(With the puck) Puck protection- body position, cut backs, when to expose the puck
(Without the puck) Angling- stick on puck, in tight, in open space, take aways
(FWDS) Handling pucks around boards- body position, stick position, making a play
(D Men) Going back for pucks- using the net, making a play

For the goalies, I will organize a goalie instructor for 3-4 of the sessions to be out to help.

Why: This camp will give players that haven't had a chance to get on the ice this spring and summer to get back into the swing of things. It will also allow kids that have had some skates over the off season to improve on skills as they prepare for their winter season. The objective is to be safe and have fun while learning and working on skills.

Registration: Please contact Ryan Smith directly via email at rsmith@spokanechiefs.com or via phone call or text at 509-270-5551. **Please register your player for the age level they will be playing in 2022/23. Registration will be on a first come first serve basis.** There are will 24 spots open for each group.

Cost: Early Bird Special – Register prior to June 15/22
\$295 – Novice (U9), Atom (U11), Peewee (13) and Bantam (U15)
\$160 – Initiation Program (U7)

After June 15/22
\$325 – Novice (U9), Atom (U11), Peewee (13) and Bantam (U15)
\$175 – Initiation Program (U7)

Payment can be cash at the first skate or an e transfer. If e transfer please contact Ryan for email address and security question and answer.

Thank you,
Ryan Smith
Head Coach
Spokane Chiefs – WHL
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