



## **SJAMHA U9 House League**

### **Regular Season Guidelines and Rules**

*Updated October 25, 2021*

1) Rules - Hockey Manitoba rules for U9 half-ice games are in effect.

Link: <https://www.hockeymanitoba.ca/wp-content/uploads/2021/06/Hockey-Manitoba-U9-Half-Ice-Guidelines-2019-2020.pdf>

2) Boards - Placed on red line for Nov./Dec. (1/2 ice) and far blue line (2/3 ice) for Jan./Feb. For 1/2 ice play, the team on the far bench can choose to watch the game from behind the boards on the red line.

3) Roster and Lines - Teams must play with 12 skaters and a goalie with a three-shift rotation.

- A Line - 4 advanced players from each team skate against each other
- B Line - 4 intermediate players from each team skate against each other
- C Line - 4 developing players from each team skate against each other.

4) Double Shifting - Please make every effort possible to avoid double shifting players by securing a 13 player roster for games (12 skaters and a goalie). If double shifting is necessary due to last minute illness or injury, please be reasonable and try to allow all players to share extra ice time, and avoid double-shifting players on lines where they have a clear advantage (ie. No A line players playing against C line players). If you have less than 13 players on your roster, please try to call up players from U7 teams. If you have more than 13 players on your roster, you can rotate an extra player within their ability group.

\* Note - The SJAMHA U9 HL year end tournament and other tournaments do not allow double-shifting. It is a good idea to get accustomed to calling up U7 players during the regular season.

5) Development Zone - Must be in operation during all games. A volunteer must supervise or run skills development exercises or games in the development zone.

6) Shift Changes - Every 2 minutes with a buzzer and a face-off at center ice.

7) Development Zone Rotation - Every 8 minutes (4 shifts), a double buzzer will indicate it is time to rotate a new line in/out of the development zone. After 3 rotations (24 minutes) goalies will switch ends and a second 24 minute period will begin, following the same rotation.

8) Starting Lines - Coaches will decide which lines will start where, on ice and on bench (ex. C-lines start on ice first, B-lines on bench, A-lines in development zone).

9) Goalies - Many U9 HL teams rotate goalies each game so all players get a chance to try the goalie position. Some teams designate 1-2 goalies as their main goalies who rotate games. Goalies start the game in opposite net to their bench so they finish the game on the same side as their bench. You may only pull the goalie on the last shift of the game.

10) Tie Game - If tied after regulation, then game ends in tie.

11) Post-Game Salute - After the game, players will line up on ringette line and blue line facing each other and salute each other and referees with stick taps. No handshakes.

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