



# Vigier Hockey

Building Quality Players

U11 Male and Female

## Tuesday's Breakfast Club in St James

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Get your day off on the right foot. Vigier Hockey Breakfast Clubs at Allard Arena will focus on speed, agility, skating, passing, shooting and puck protection. Small groups will maximize repetitions and feedback. We will work on individual puck skills enabling players to have more success in game situations. Max 19 players on the ice!!!

**Dates:** Oct 20,27 Nov 3,10,17,24 Dec 1,8,15 Jan 5,12,19,26 Feb 2,9,16,23  
Mar 2,9

**Location:** Allard

**Ice Times:** 7am-8am

Price: Players \$570 includes Jersey

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