



# Vigier Hockey

## Building Quality Players

### In Season Development 2018-19

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Vigier Hockey is proud to offer a 20 week In Season Developmental Program. Emphasis will be on skilled development during sessions. We will be working on details that are normally overlooked during team practices. Each 45 minute session will follow a detailed progression plan of Passing, Skating, Shooting, Puck Control, Game Situational while in a fun and safe environment. Improve your game to take you to the next level.

Age advancement or placement into a different group is left up to J.P's discretion. Goalies won't be left out. They will have an on ice instructor to work with them to improve and solidify the technical part of their game.

All ice times are at Allard Arena

Dates are: Oct 10, 17, 24 Nov 7,14,21,28 Dec 5, 12, 19 Jan 9,16,23,30 Feb 6,13,20,27 Mar 6, 13

8 year olds at 5pm

9 year olds at 5:45pm

10 year olds at 6:45pm

11-12 year olds at 7:30pm

Price: \$575 including GST and a Free Jersey and a T Shirt

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